2008 Score This!!! Clinic Series

featuring Train-This!, Endurance Factor, and Niezgoda Fitness Systems

presented by

Beginners Clinic	05/27/08
Keuka Lake Tri Clinic	06/07/08
Beginners Clinic	06/24/08
Beginners Clinic	07/28/08
Summer Sizzler Clinic	08/02/08
Open Water Swim Clinic	09/14/08

Not sure about a course? Don't know what to wear? Socks on the run? Is it OK to change in the middle of the TA? What the heck is the TA? What do you mean swim, bike, run and then swim, bike, run again? Is the course hilly?

Get these answers at the clinic series.

Sign up for one of these great clinics or read a more detailed description about each by going to
http://score-this.com

Training plans available at
http://score-this.com

Clinics 2008

Last Name

First Name MI

Address

Town/City State/Prov

Zip/Postal Code Sex Age as of 12/31/08 Birthdate mm/dd/yy

USAT Number Race use only

Phone Number ChampionChip #

Relay Team Name or Club Affiliation

Email Address

Email Contact

Emergency Contact Phone Number

Medical Condition: _____

_____

_____

- ☐ Beginners Clinic 05/27 - FREE
- ☐ Keuka Lake Tri Clinic 06/07 - FREE
- ☐ Beginners Clinic 06/24 - FREE
- ☐ Beginners Clinic 07/28- FREE
- ☐ Summer Sizzler Clinic 08/02 - FREE for USAT Members - $10 non USAT Members
- ☐ Open Water Swim Clinic 09/14 - $15 for USAT and non-USAT members

Mail to: 15 Ranch Trail Ct.
Orchard Park, NY 14127

All **checks** made **payable to**: **Score This!!!, Inc.** Parent/guardian signatures required on race day for those athletes under age 18.